



Name: _____

Subject: Science/STEM

Key Concepts: sustainability, environmental science

How You Can Practice Sustainability!

Watch this Wonderama Video on YouTube: [Bun Lai Cooks Up Invasive Species](#)

(If needed, use the video title to search for this video)

Bun Lai is a **sustainable** chef. That means he cooks and eats food that is good for both people and the environment. One way Bun Lai does this is by cooking **invasive species**, which are plants and animals that can cause harm to an environment they have been brought to and are not naturally from. Even if you're not a sustainable chef (or able to cook invasive species!), there are many ways you can be sustainable in your own way to help the Earth.

Tips for Practicing Sustainability In Your Life

- Recycle
- Make your own cloth napkins
- Plant a garden
- Conserve water: turn off water while brushing your teeth, take shorter showers
- Reuse items for craft projects
- Use reusable water bottles

Fill in the chart below with ways you practiced sustainability over the course of one week.

How I Practiced Sustainability the Week of _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

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